



# THE POWER OF *Compassion*

## 7 Ways You Can Make A Difference

#1 Attitude: You Can't Keep It A Secret!

#2 Understanding: Bridge to Connection

#3 Listening: Laying On Of Healing Ears

#4 Positive Regard: Give It To Get It Freely

#5 Compassion: Turning "Me" into "We"

#6 Expectation: Aim High, Stay Refined

#7 Humanness: Vulnerability Is The Key

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